

# Discovery of a novel, potent and selective human $\beta_3$ -adrenergic receptor agonist

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**Abstract**—The discovery of a novel, potent and selective  $\beta_3$ -adrenergic receptor (AR) agonist is described. SAR studies demonstrated the structural requirements for activity and selectivity. Compound **1c**, which showed good  $\beta_3$ -AR activity and selectivity, was identified and pharmacokinetics were investigated.

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## 1. Introduction

The  $\beta_3$ -adrenergic receptor (AR), which is present on the surface of adipocytes, plays a significant role in mediating lipolysis in white adipocyte tissue and thermogenesis in brown adipocyte tissue.<sup>1,2</sup> It has been reported that stimulation of  $\beta_3$ -AR induces a variety of pharmacological effects such as increase of fat oxidation, enhancement of energy expenditure and improvement in insulin-mediated glucose uptake in rodent models and thus  $\beta_3$ -AR agonists have been developed as therapeutic candidates for obesity and type II diabetes.<sup>3</sup> Recent studies indicated that in addition to adipocytes, the  $\beta_3$ -AR is also distributed in gall bladder, gastrointestinal tract and prostate,<sup>4</sup> therefore new therapeutic applications of  $\beta_3$ -AR agonists in treatment of gastrointestinal and urinary disease have been studied.<sup>5–7</sup> Early  $\beta_3$  agonists, which had been developed using rodent models showed insufficient effects in clinical trials due to weak agonistic activity for the human  $\beta_3$  receptor in spite of high potency for rodent receptors.<sup>8</sup> Thus, potent  $\beta_3$ -AR agonists against the human receptor are required. Furthermore,  $\beta_3$ -AR selectivity over  $\beta_1$ -AR and  $\beta_2$ -AR is also important, because stimulation of  $\beta_1$ -AR and

$\beta_2$ -AR may induce severe side effects such as enhancement of heart rate and tracheal relaxation, respectively. In our laboratory and in others, the search for novel, potent human  $\beta_3$ -AR agonists has been ongoing for a number of years.<sup>9</sup>

## 2. Design

Our design concept is outlined in Figure 1. We planned to introduce a hydroxymethyl group into the core

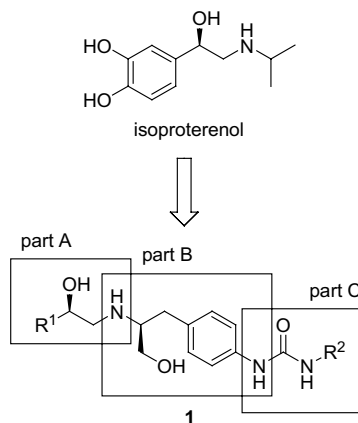
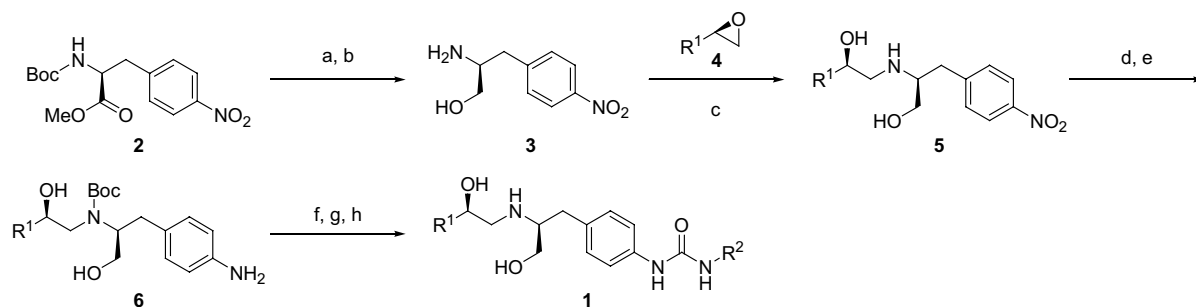


Figure 1. Design of  $\beta_3$  agonists.

**Keyword:**  $\beta_3$ -Adrenergic receptor agonist.

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**Scheme 1.** Reagents: (a) NaBH<sub>4</sub>, THF, MeOH; (b) HCl, dioxane; (c) **4**, EtOH; (d) Boc<sub>2</sub>O, THF; (e) Fe, AcOH, EtOH, H<sub>2</sub>O; (f) BSA, 1-methyl-2-pyrrolidinone; (g) R<sup>2</sup>-NCO, DIEA, 1-methyl-2-pyrrolidinone; (h) TFA or HCl.

scaffold (part B) to attempt to improve  $\beta_3$ -AR selectivity, water solubility and pharmacokinetics. The left-wing (part A) represents the core pharmacophore of  $\beta_3$ -AR agonists, an aminoethanol moiety. The right-wing (part C) is considered critical for  $\beta_3$ -AR selectivity since isoproterenol is a non-selective  $\beta$ -AR agonist. We designed compounds **1** based on a urea scaffold to facilitate rapid synthesis and SAR evaluation. This paper describes these efforts and the discovery of a novel, potent analogue.

### 3. Synthesis

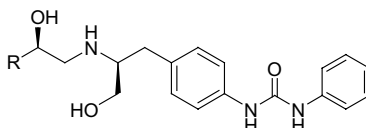
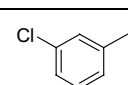
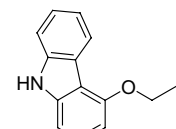
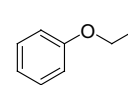
Our general synthetic approach to the compounds in this letter is illustrated in [Scheme 1](#). Boc-protected *p*-nitrophenylalanine methyl ester **2** was reduced to the alcohol with NaBH<sub>4</sub>. Removal of the Boc group under acidic conditions gave amine **3**. The first point of diversity was introduced by coupling of **3** with various epoxides **4**. The resulting amines **5** were protected as Boc and the nitro group was reduced to afford key amines **6**. The second point of diversity was introduced by parallel coupling of **6** with a variety of isocyanates. For efficient urea formation, pretreatment of **6** with *N,O*-bis(trimethylsilyl)-acetamide (BSA) to protect the hydroxyl groups, addition of isocyanate and finally acidic deprotection of the silyl and Boc protecting groups afford the desired urea derivatives **1** in good yield.

### 4. Results and discussion

All compounds were evaluated for their ability to produce cAMP in Chinese hamster ovary (CHO) cell lines expressing cloned human  $\beta_3$ -AR. Selected compounds were also evaluated for human  $\beta_1$  or  $\beta_2$ -AR activity using a similar method.

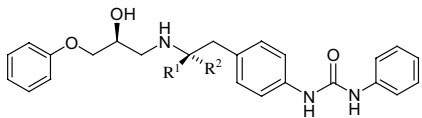
We first aimed to determine whether a urea type structure would show potent  $\beta_3$ -AR agonist activity, by introducing representative left-wing structures to evaluate potential. [Table 1](#) shows these results. Using 3-chlorophenyl, carbazoxymethyl and phenoxyethyl as representatives, it can be seen that urea compounds have moderate to potent activity (**1a**, **1b** and **1c**). In particular, the phenoxyethyl compound **1c** displayed potent activity as compared to isoproterenol.

**Table 1.** Effect of conversion of left-wing part on  $\beta_3$ -AR activity

		
Compd	R	Human $\beta_3$ EC <sub>50</sub> (nM) <sup>a</sup>
<b>1a</b>		74
<b>1b</b>		22
<b>1c</b>		0.5
Isoproterenol		0.97

<sup>a</sup>  $\beta_3$ -AR agonistic activity was assessed by measuring cAMP accumulation in CHO cell lines expressing cloned human  $\beta_3$ -AR.

Next, we confirmed the importance of the hydroxymethyl group in the scaffold, as indicated in [Table 2](#). Compound **1d** the stereoisomer of **1c**, showed a 26-fold decrease in  $\beta_3$ -AR activity. The stereochemistry of the hydroxymethyl group contributed to enhancement of  $\beta_3$ -AR activity. Compound **1e** with no substituent, was 3-fold less potent in  $\beta_3$ -AR activity. Therefore, it is suggested that the hydroxymethyl group may interact with the  $\beta_3$ -AR and the spatial configuration is important. Furthermore  $\beta_3$ -AR selectivity over  $\beta_1$ -AR of these compounds was evaluated. Compound **1c** showed 40-fold  $\beta_1/\beta_3$  selectivity, whereas compound **1d** and **1e** resulted in more than 10-fold increase in  $\beta_1$ -AR activity and decrease in  $\beta_1/\beta_3$  selectivity. Interestingly, compound **1d** and **1e** showed  $\beta_1$ -AR selectivity and non-selectivity, respectively. These results indicate that the presence and stereochemistry of the hydroxymethyl group enhanced the  $\beta_3$ -AR selectivity as well as the  $\beta_3$ -AR activity. In addition, compound **1c** was investigated for  $\beta_2/\beta_3$  selectivity and was shown to be inactive towards the  $\beta_2$ -AR.

**Table 2.** Effect of hydroxymethyl group on  $\beta_3$ -AR activity and selectivity


Compd	R <sup>1</sup>	R <sup>2</sup>	Human $\beta_3$ EC <sub>50</sub> (nM) <sup>a</sup>	Human $\beta_1$ EC <sub>50</sub> (nM) <sup>a</sup>	$\beta_1/\beta_3$ Selectivity	Human $\beta_2$ EC <sub>50</sub> (nM) <sup>a</sup>	$\beta_2/\beta_3$ Selectivity
<b>1c</b>	CH <sub>2</sub> OH	H	0.5	20	40	>100	>200
<b>1d</b>	H	CH <sub>2</sub> OH	13	3.0	0.2	NT	—
<b>1e</b>	H	H	1.6	3.6	2.3	NT	—
Isoproterenol			0.97	0.084	0.087	2.0	2.1

<sup>a</sup>  $\beta$ -AR agonistic activity was assessed by measuring cAMP accumulation in CHO cell lines expressing cloned human  $\beta$ -ARs.

**Table 3** shows the effect of modification of the right part. This moiety was expected to greatly affect the  $\beta_3$ -AR activity and selectivity. First, conversion of the terminal phenyl ring to an alkyl group was examined. For  $\beta_3$ -AR activity, while a bulky group such as cyclohexyl group was effective to maintain activity, the alkyl substituted derivatives, **1f**, **1g** and **1h**, were less potent than compound **1c**. This suggested that, in addition to bulkiness, aromaticity in the right portion was significant for  $\beta_3$ -AR activity. Next, we focused on introduction of substituents to the right terminal phenyl ring. The methoxy substituents, **1i**, **1j** and **1k**, maintained  $\beta_3$ -AR activity compared to lead compound **1c**, but increased  $\beta_1$ -AR activity and therefore lowered the  $\beta_1/\beta_3$  selectivity of these compounds. While the position of the methoxy group affected  $\beta_1$ -AR activity and the  $\beta_1/\beta_3$  selectivity

was increased in the order *ortho* > *meta* > *para* substituent, these analogues showed less than 10-fold  $\beta_1/\beta_3$  selectivity. Introduction of carboxylic acid (**1l**) and nitro group (**1m**) also resulted in an increase in  $\beta_1$ -AR activity and a decrease in  $\beta_1/\beta_3$  selectivity. The effect of substituents appeared to influence  $\beta_1/\beta_3$  selectivity and the functional group on the right terminal phenyl ring was suggested to contribute to interaction with the  $\beta_1$ -AR. The nonsubstituted phenyl analogue **1c** was consequently judged to be the most potent and selective.

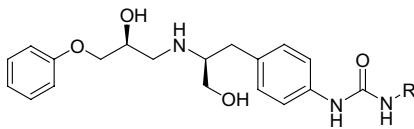
The most potent and selective analogue **1c** was investigated in a pharmacokinetic (PK) study as shown in **Table 4**. Oral bioavailability of compound **1c** was low in rats and moderate in dogs (*F* = 1.1% and 20.3%, respectively). Values of clearance significantly differed in rats and dogs. These results would be attributed to species difference in metabolic stability. In dogs, however, compound **1c** showed high AUC and long half-life, indicating long duration of action.

## 5. Summary

In summary, we have discovered a number of novel and potent  $\beta_3$ -AR agonists. A SAR study revealed that the hydroxymethyl and phenylurea groups were important for  $\beta_3$ -AR activity and selectivity. Compound **1c** was identified as the most potent and selective in this series of  $\beta_3$ -AR agonists. In a PK study, compound **1c** showed prolonged plasma concentration and reasonable oral bioavailability in dogs.

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**Table 3.** Effect of conversion of right-wing part on  $\beta_3$ -AR activity and selectivity


Compd	R	Human $\beta_3$ EC <sub>50</sub> (nM) <sup>a</sup>	Human $\beta_1$ EC <sub>50</sub> (nM) <sup>a</sup>	$\beta_1/\beta_3$ Selectivity
<b>1c</b>	Ph	0.5	20	40
<b>1f</b>	<i>c</i> -Hex	2.1	15	7.1
<b>1g</b>	<i>n</i> -Pr	8.3	51	6.1
<b>1h</b>	<i>i</i> -Pr	4.9	27	5.5
<b>1i</b>	2-OMe-Ph	1.1	12	11
<b>1j</b>	3-OMe-Ph	0.8	4.0	5.0
<b>1k</b>	4-OMe-Ph	2.5	2.2	0.9
<b>1l</b>	3-Carboxy-Ph	1.5	1.3	0.9
<b>1m</b>	3-NO <sub>2</sub> -Ph	1.0	0.9	0.9

<sup>a</sup>  $\beta$ -AR agonistic activity was assessed by measuring cAMP accumulation in CHO cell lines expressing cloned human  $\beta$ -ARs.

**Table 4.** Pharmacokinetic parameters of **1c** after po and iv administration to rats and dogs

	po <sup>a</sup>			iv <sup>a</sup>			<i>F</i> (%)
	Dose (mg/kg)	C <sub>max</sub> (ng/mL)	AUC <sub>0–24</sub> (ngh/mL)	Dose (mg/kg)	<i>t</i> <sub>1/2</sub> (h)	CL <sub>tot</sub> (mL/min/kg)	
Rat	3.2	4.2	4.2	1.0	1.3	141.8	1.1
Dog	1.0	52.6	140.1	0.32	8.1	24.2	20.3

<sup>a</sup> *n* = 3.

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